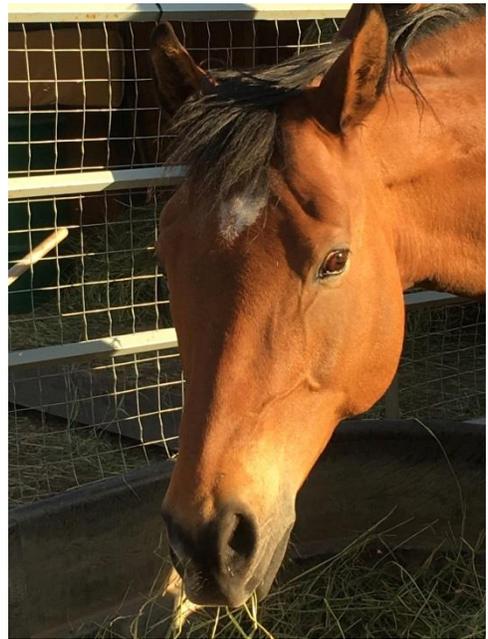


ENERGY KINESIOLOGY and an INJURED

HORSE © 2018 **Alison Zeidler**, Whitehorse, Yukon

In October, my friend's horse, Tyson (pictured here), had a small nose bleed and was scoped by the veterinarian who found a small bleed in his guttural pouch. He was put on a course of antibiotics for a probably bacterial infection.

A couple of days later, while haltered and with his owner outside of the barn, Tyson had a very violent seizure, throwing himself up and over on his back twice and hitting his head on the side of the barn. He fractured his nasal bones on the left side of his face, and his whole head and both eyes were badly swollen.



Tyson was put on painkillers and anti-inflammatories, but he was unable to lie down. Tyson was understandably aloof and would not let the other horses near him, but he was eating and drinking.

However, his personality had altered and he had lost the strong connection he had with his owner. Tyson would not allow his owner to touch him anywhere on his neck or head, and would barely tolerate her touching him anywhere else. He was a very different horse after the seizure.



About 3 weeks after the seizure, I did a couple of distance sessions with Tyson. Using Touch for Health and Energy Kinesiology, I found a number of emotions that needed releasing, including anger, shock, defensiveness and conflict. From an energetic perspective, there was a grey haze around him, as if he was hidden behind a wall of smoke and he felt "foggy". Using Quantum Touch^R Energy Healing techniques, I focused on sending love and healing.

The night after our second distance session, Tyson's owner called me and told me that she had decided to just go and hang out with him while he was eating. Chores were done and she could just be with him. After softly talking to him, and slowly rubbing his back and rump, he seemed fairly relaxed, so she continued slowly petting him toward his neck.

He remained calm, so she began rubbing his neck, and was able to softly touch his jaw and face, which she hadn't been able to touch in 3 weeks. At this point, Tyson made this amazing sound like a sigh, only deeper and longer, almost a cross between a groan and sigh. For those readers who may not be familiar with horses, they can release stress, anxiety and emotions by sighing, licking and chewing, and this was a huge release!

Tyson's owner was thrilled: "I'm so excited my heart is bursting".

Over the next couple of weeks, we were able to arrange for a couple of in-person sessions. Tyson allowed me to touch his face and his jaw, and I continued using the Quantum Touch Energy Healing and a number of Specialized Kinesiology techniques.

At one in-person session, Tyson wasn't overly interested in me touching his forehead the first session, so I used his owner as a surrogate and we worked with the ESR points (Emotional Stress Release Points).

When we undergo a trauma, that stress seems to imprint on our system and we frequently hold onto that trauma, from a physical, mental, emotional and energetic perspective. This is true of both people and animals. By holding the ESR points (located on the forehead), and verbally talking through the traumatic event of the seizure that Tyson experienced, we were able to re-balance his emotions and the emotional impact of the memory of his trauma.



Using the owner's Anterior Deltoid as an Indicator Muscle, I found that Tyson's Liver Meridian was over-energized. As soon as I touched his left Liver Alarm Point, and while holding the Ki27 (end of the Kidney meridian) acupressure point at the same time, Tyson immediately went into a very deep relaxation. His eyes almost completely closed and he entered this state of profound stillness as if he had gone "within". After about a minute, he returned to himself, licking and chewing, and shaking his head as more releases occurred.

While Tyson certainly has more healing to do, he now allows his owner to put the halter on and touch his face. He is more present with his owner and wants to be with her. Every day, Tyson and his owner reconnect and she is beginning to see the horse he was before the seizure.

Working with horses, with any animal, is so rewarding. They are honest and true, and I love the immediacy of how they show us what they need. I am very grateful and honoured to be a part of Tyson's healing journey.

Alison Zeidler lives in Whitehorse, Yukon (Canada), and founded Elemental Holistic Therapies in 2009. She combines her intuitive skills, and her training to help both her animal and human clients. She is a Muscle Tuner™ Specialist, a Quantum Touch Instructor^R, a Registered Canadian Reflexology Therapist™, a Touch for Health™ practitioner (IKC Assessed), and a Certified Advanced Equine Massage Therapist. She offers distance and in-person sessions. Check her at <http://www.healingforyourpets.com/> and www.alisonzeidler.com

